Year 2011 English Workshops Course Introduction

Five Elements Music Therapy and Clinical Application
2/20/11 (Sunday), 1:00-6:00 pm (5CEUs)

The course focuses on the most important principle and clinical application about the five elements Music Therapy to achieve a total health of the body, mind and spirit. The teaching will relate the fundamental principles of TCM, vibration medicine, hypnosis and energy medicine with music sound energy pattern, human organs, meridian systems, emotions and psychological factors into one system. The course involves each of the five elements music composition, sampling, music selection, practice and clinical application.

Speaker: Liu, Jason M.D.(Japan)

Dr. Jason Liu, founder and President of Mind-Body Medical University and Center of Brainwave-Meridian Therapy (BMT), inventor of Brainwave-Meridian Therapy technology, is specialized in improving physical, emotional and mental conditions without medication or needles. Educated in east and west medicine from China, Japan and the United States, Dr. Liu was also a research scientist in Medical School of University of Miami and University of California at Davis previously, and had published quality research papers on the top biomedical journals and international conferences. He is a master-level expert in the field of energy medicine.

Mind Body Evaluation base on TCM and Five Element Theory
4/17/11 (Sunday), 1:00-6:00 pm (5CEUs)

Mind and body acupuncture is an ancient healing technique that can treat the body as a whole by balancing the body meridian, five organ energy and emotion. The objects of the course is to enable doctors and patient to understand how the body and the mind reflect each other and how growth, character, physical structure, health aid disease, Zang-Fu balancing relate to one another. This course main focus on observation, and reading, and affect diagnose the patient mind and body condition base on TCM and Five element theory.

Speaker: Lam, Ghim Mun D.A.O.M./L.Ac.

Dr. Lam heals and rejuvenates patients by using Traditional Chinese Medicine, Herbs and Mind Body Counseling that combine to restore a person's body and spirit energy since 1988. His style combines Mind Body Acupuncture, Painless Abdominal Acupuncture, Face Lifting Acupuncture and Medical Numerology Acupuncture. Through his verbal interactions with his patients, he evaluates the Physical Block, Emotional Block, Mental Block and Spiritual Block behind the physical problem. Dr. Lam deeply enjoys bringing his passion for body-mind-spirit synergy into his treatment and helping his patients to acquire true quality of life.

Treat Eczema by Chinese Medicine
6/19/11 (Sunday), 1:00-5:00 pm (4CEUs)

Eczema is a common allergic inflammatory dermatitis; Dr. Ji Zhang will share his experience in treating eczema by using Chinese herbal formulas. Clinically the most eczema cases are chronic with acute onset; therefore the refined and correct differentiation is significant. Dr. Zhang realizes that finding and focusing the dominant factors and also giving attention to secondary factors in differentiation and formula writing are the key points. Dr. Zhang will introduce several experienced formulas and effective herbs for treating eczema; he will discuss the functions, indications, modifications, clinical applications, and the difference between these formulas and single herbs. He will present and analyze some very interesting and successfully treated cases.

Speaker: Zhang, Ji O.M.D. (China)/L.Ac.

Dr. Zhang graduated from Nanjing University of TCM in China and became an instructor and doctor in Nanjing University of TCM in 1983, his specialty is research of clinical application in Chinese herbs. He joined a writing group to edit a biggest herbal medicine dictionary in the world, which included over 10,000 kinds of herbs, and has published in 1999. He came over to USA in 1992 and started practice in Los Angeles in 1993; thereby he has almost 30 years clinical experience. He is teaching TCM at Alhambra Medicinal University, Emperor's college of TOM, and Dongguk University in Los Angeles now.

Year 2011 English Workshops Course Introduction

Using Chinese energetic theory to analysis the Western Herbs

8/21/11 (Sunday), 1:00-5:00 pm (4CEUs)

Using western herbs from a Chinese energetic standpoint. Introducing commonly used western herbs, and their context in which they are presented as therapeutic agents amongst western practitioners. And then go through individual herbs in the western pharmacopoeia from the Chinese perspective including category, taste, temperature, channels, functions and indications and contras.

Speaker: Gomberg, Steven L.Ac.

Dr. Gomberg is a practicing herbalist, acupuncturist and clinical nutritionist specializing in herbal medicine, nutritional management in the treatment of cancer and internal medicine. He is one of the founding partners of ECCM, a practice focused on both traditional and contemporary herbal and nutritional medicine in Los Angeles. Steve had a unique background and perspective; having been the head chef at a fine French restaurant in Brentwood for fifteen years, Steve developed an uncanny interest in the medicinal properties of various foods. He also teaches at American University of Complementary Medicine, and at Alhambra Medical University.

ADHD TCM Treatment

10/23/11 (Sunday), 1:00-5:00 pm (4CEUs)

Attention-deficit/hyperactivity disorder (ADHD) is one of the most common childhood neuropsychiatric disorders, affecting 3% - 5% of school-age children. In order to understanding and treating of Children with ADHD, the course will provide Traditional Chinese Medicine (TCM) approach to this disease. In TCM there are very useful and effective treatment methods and natural medicine to deal with this disease. In addition, we will discuss the herbal medicine treatment and cooperating with medicine and doctors. Also we will discuss the lifestyle changes and exercise plan to remedy the internal energy and environmental adoption.

Speaker: Yang, Chang Qing M.D. (China)/L.Ac.

Dr. Yang received his Bachelors and Masters Degree at the Chinese Medicine University of Heilongjiang in China (1984), and went on to receive his Ph.D. in Psychiatry/Neuroscience at Kobe University in Japan (1998). Dr. Yang is involved in the studies of the East-West Medicine Center of UCLA and is currently teaching classes for master and doctoral programs as well as Continuing Education Unit seminars. . He has published over twenty papers and books in psychiatry and Traditional Chinese Medicine. He is an expert in psychiatry and neurology and has worked in this field for over 25 years.

The Versatility of Indirect Moxa

12/11/11 (Sunday), 1:00-5:00 pm (4CEUs)

In school we hear about moxibustion on ginger, garlic, salt, or Fu Zi, but are you clear on the different methods and uses of these? Besides this, we can make herbal 'cakes' for moxibustion. Each cake treats something different, depending on the herbs and points that are selected. In addition, we can use peach leaves, paper soaked in milk, cloth soaked in salt water, and even eggs as isolating substances for indirect moxibustion, each for treating a different condition. This class will include lecture, demonstration and practice.

Materials fee required for 12/18/2011 seminar: $5.00

Speaker: Wilcox, Lorraine Ph.D, LAc

Dr. Wilcox has been a licensed acupuncturist in California since 1989. She is on the faculty of AMU and is the author of two books on moxibustion (*Moxibustion: The Power of Mugwort Fire* and *Moxibustion: A Modern Clinical Handbook*). Lorraine loves to find different moxibustion techniques from the old Chinese books and try them out. She also likes some of the modern innovations in moxibustion from Korea and Japan, the ones that do not involve electricity.

2011 年度繼續教育學分班簡介

中醫治療憂鬱症
1/30/11 (週日), 1:00-5:00 pm (4CEUs)

在本次講座楊醫生將較系統的論述中醫對抑鬱症的認識和治療。不僅講述中醫精神的概念，診斷及治療，而且還要論述中醫獨到的心理與行為療法，使與會者能全方位的把握中醫治療精神疾病特別是抑鬱症的精髓。中醫學對抑鬱症的認識不僅限於臟腑辯證，而且還要對具體病案進行精神辯證，中醫的精神辯證歷史悠久，而抑鬱症多屬神氣虛弱從而精神活動性和興奮性降低，抑鬱症的神氣怠惰使神的反應性和神的啟動性都降低。長期的和嚴重的抑鬱症會導致神的平衡性，靈活性，穩定性進而會影響神的統一性和自知力。抑鬱症的神氣活動趨向於內，氣機降而不生，因此，對抑鬱症的治療不僅從軀體上，更要從精神心理上進行治療。楊醫生通過病例以其具體的治療效果和明確的治療方針、使中西醫結合治療得到同步與協調。

講員: 楊常青　中醫師
Yang, Chang Qing O.M.D. (China)/L.Ac.

楊常青醫師 1984 年畢業於中國黑龍江中醫藥大學，1998 年獲日本神戶大學精神和神經科學博士學位。目前參與加州大學洛杉磯分校東西醫學中心的研究，並執教于加州各中醫學院。楊醫師專精精神性疾病，超過 25 年的臨床治療經驗，發表 20 餘篇中醫治療精神病的文章，有的曾發表於 1998 年美國生物精神病學雜誌。

中醫治療不孕症系列講座 (二)：
子宮內膜異位引起的不孕症
3/20/11 (週日), 1:00-5:00 pm (4CEUs)

子宮內膜異位是導致育齡婦女不孕是臨床非常常見的婦產科疾病。中醫通過其獨特的辯證，認為主要病機在於血瘀，進一步辯證，又可分為氣滯血瘀、寒凝血瘀症、熱郁血瘀症、氣虛血瘀症和腎虛血瘀症等證。施以針灸、中藥和食療等綜合治療，效果滿意。本講座針對臨床病例為進行分析。

講員: 徐幸聲　中醫師
Xu, Xin Shen O.M.D. (China)/L.Ac.

徐醫師世代業醫，祖上曾供職清廷太醫院，杏林遺緒，獨得其秘。又畢業于上海中醫藥大學，接受正規教育。曾在日本任漢醫院院長十餘年，臨床經驗豐富；于婦科不孕等癥，尤多致意。各種方藥針灸之法，施之臨床，效如桴鼓，愿與同道分享。

中醫五行音樂療法的臨床治療
5/15/10 (週日), 1:00-6:00 pm (5CEUs)

本課程的重點是介紹五行音樂治療臨床應用的原則以實現健康的身體，心靈和精神。教學將涉及中醫藥的基本原則，振動醫藥，催眠和能量醫學結合音樂聲音能量模式人體器官，經絡系統，情緒和心理因素融入一個系統。課程涉及五行音樂創作，取樣，音樂的選擇，實踐和臨床應用。本課程將介紹臨床應用五行音樂療法治療常見複雜的健康問題，如焦慮，抑鬱，過動症，躁鬱症，記憶力減退，中風，慢性疼痛，失眠，荷爾蒙失調，溝通困難，以及其他身心障礙。通過本課程學員將學習如何使用中醫的五行音樂治療，結合催眠，中藥，針灸，推拿，拔火罐或其他種類的東方療法。

講員: 劉傑紳　中醫師
Liu, Jason M.D.(Japan)

劉醫師是心身醫科大學和腦波經絡治療中心的創始人，腦波經絡治療技術的發明者。他致力於提倡使用無針無藥達到提高體能，情緒，和精神的健康狀態。劉醫師接受中國、日本和美國的東西方醫學教育，曾任邁阿密大學醫學院及加州大學戴維斯分校的研究員，並在一流生物醫學雜誌和國際會議上發表其研究論文。在能量醫學領域已是大師級的劉醫師將他的實踐經驗結合多種領域的知識，幫 助許多身心病患擺脫了長期的疾病磨難。

2011 年度繼續教育學分班簡介

中醫心身診斷
7/24/11 (週日), 1:00-6:00 pm (5CEUs)

人體和心靈是一體的，所有隱藏在心裡的信息，都會寫在或放射在身體相應的部位，留下印跡，林建民醫師以中醫五行心身診學斷能夠讓我們解讀一個病人的內心世界（Mind）。而通過心理的調節，在配合一切中醫針灸療法使身體恢復健康。林建民醫師會藉著潛意識數字診斷讓大家了解病人的心身健康而幫助病人除去身心障礙使身體恢復健康。

講員: 林建民 中醫師
Lam, Ghim Mun D.A.O.M./L.Ac.

林醫師從 1988 年至今累積了 22 年的臨床治療經驗，他治療獨到之處在於運用身心靈療法結合傳統中醫療法(針灸、腹針、針灸美容、中藥)和醫學命理。從言談中，林醫師能夠有效的評估病人身體上障礙，還有情緒、心靈與精神層面的障礙。使病人從身心靈療法得著治療並增進生活質量。

臨床治療中醫癥瘕積聚的經驗系列介紹(二)：消化系統
9/18/11 (週日), 1:00-5:00 pm (4CEUs)

盡管中醫在癥瘕積聚治療學方面，實踐與研究成果不可低估，但從大量病人和能夠參閱到的病例資料分析，在中醫治療胃腸道癥瘕積聚領域，需要進一步研究和探討，尤其在內科辨證用藥方面帶有普遍性的問題較多，章醫師在臨床上運用中醫藥對胃腸道癥瘕積聚進行治療的過程來看，初步認為突出辨證用藥是取得實效的有效途徑和基本原則，而改善癥狀，緩解病情，提高癥瘕積聚治療效果，中醫是可以有所作為的。講座介紹章醫師在脾胃病常規辨治理論的基礎上，通過治法、選方體現對胃腸癥瘕積聚基本辨證用藥的一點膚淺體會，針對治療臨床癥瘕積聚過程中扶正與祛邪、辨証與辨病、中藥與西藥結合的方法做詳盡解答。

章勤榮 中醫師
Zhang, Qing Rong M.D. (China)/L.Ac.

章勤榮醫師，七七屆上海中醫學院畢業，在上海中山醫院中醫科工作。八五屆上海醫科大學腫瘤醫院碩士研究生畢業。師從中西醫腫瘤專家于爾辛教授。從事腫瘤及中醫臨床和研究工作三十餘年。現執業于哈崗市，多年来，章醫師秉着精湛的醫術以方藥針灸輔助治療，醫治了許多疑難雜症，不少腫瘤病人也得到滿意的治療效果。

臨床症狀鑑別診斷系列講座(二)：
胸痛的中西醫結合鑑別診斷
11/20/11 (週日), 1:00-5:00 pm (4CEUs)

臨床表現有許多不同的症狀和體征，同一個症狀或體征可以見于不同的疾病，而同一個疾病又可以有不同的症狀或體征，即所謂“同病異症”和“異病同症”。怎樣運用中西醫結合知識幫助我們通過表面現象來鑒別和洞察疾病的本質與屬性，以有助于作出正確的疾病診斷和治療，減少和避免誤診和漏診，保護患者的安全和利益，更好地為病人服務，這就需要具備正確和科學的診斷方法與鑒別診斷的能力。本次舉辦“鑒別診斷系列講座”的第二講“胸痛的鑒別診斷”，針對在臨床上診治常見表現“胸痛”的過程中，可能遇到的多種常見疾病進行鑒別診斷，以祈能對“胸痛”本質有更清晰的認識。

陶恭明 醫師
Tao, Gong Ming M.D. (China)/L.Ac.

陶醫師畢業和工作于上海醫科大學，教授，長期從事教學、科研和醫療工作，著作等身，曾擔任中央衛生部、中華醫學會和中西醫結合協會等單位舉辦的高級講學班特邀講師并作專題講座。他曾任 UCLA 的研究員（senior research scientist）多年，並且擁有加州和全美針灸師執照。陶醫師致力于探討如何運用中西醫結合知識從事和指導醫學教學、研究和臨床工作，以祈能更好地為病人服務。

Alhambra Medical University Continue Education Workshop
25 S. Raymond Ave., #201, Alhambra, CA 91801
Tel: (626)289-7719 Fax (626)289-8641 Email: info@amuedu.com